

**Chaudhary Ranbir Singh University Sports Council**  
(session 2016-17)

To

The Principal/ Director of All Affiliated Colleges,

Chaudhary Ranbir Singh University, Jind.

Subjects: - Trails Schedule for University Athletics Teams (M/W) Session 2016-17.

The Trials for Chaudhary Ranbir Singh University Athletics Teams (Men & Women) will be organized at University Campus as per schedule.

Sr. No.	Event Name	Date	Time	Venue
1	Athletics	30/12/2016	10.00 AM	Major Dhyanchand Complex CRSU, Jind

1. Regular Students of this university will be eligible for the participation in trials.
2. Athletes must be accompanied by managers along with the eligibility particulars. Identity Cards (meant for Sports purposes), authority letter, Copy of DMC of Metric and 10+2 (In case of players studying in Undergraduate classes) and that of Metric and 10+2, Graduation (In case of players studying in Post graduate classes) duly signed by the Principal the team shall not be allowed to participate without the above said documents.
3. Athletes must be in their proper dress.

Assistant Director Sports & Secretary Sports

Council

Endst. No. CRSU/SC/2016/7005-7478

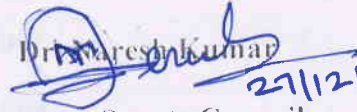
Date 27/12/2016

Copy of above is forwarded to the following for kind information and necessary action:

1. Member CRSU Athletics Club Committee.
2. Internal Distribution in the Departments.
3. Public Relation Officer, CRSU.

S.No.	EVENTS	MEN	WOMEN
1	100 meters	11.08 sec.	12.21 sec.
2	200 meters	22.41 sec	25.72 sec
3	400 meters	48.44 sec	58.05 sec.
4	800 meters	1.54.57 sec.	2.15.57 sec.
5	1500 meters	3.59.94 sec.	4.40.98 sec.
6	5000 meters	15.13.11 sec.	18.05.65 sec.
7	10000 meters	31.40.58. sec.	38.17.26 sec.
8	110 m Hurdles	15.17 sec.	
9	100 M Hurdles		15.00. sec.
10	400 M Hurdles	54.25 sec	1.04.75 sec.
11	20 KM walk	1h.38.07.10 sec.	
12	5 KM Walk		25.45.75 sec.
13	Long Jump	7.13mtr	5.79 mtr.
14	High Jump	2.06 mtr	1.63 mtr
15	Triple Jump	15.09 mtr	12.50 mtr
16	Pole Vault	4.30 mtr	2.40 mtr
17	Shot Put	16.72 mtr	12.71 mtr
18	Discus Throw	45.28 mtr	37.40 mtr.
19	Hammer Throw	51.52 mtr	46.77 myr
20	Javelin Throw	66.84 mtr	39.48 mtr
21	Decathlon	5931 points	
22	Heptathlon		3447 points
23	Half Marathon	1h 13. 08 44. sec	1h31.47.66. sec.
24	4×100 Mts. Relay	42.36. sec.	4. 00.77 sec
25	4×400 Mts Relay	3.19.62 sec	5.09.84 sec.
26	Steeple Chase 3 KM	10.21.47 sec.	12.05. 59 sec.

Note All the Colleges are advised to please stick to the above said qualifying standards. That College, who will send their athletes below the above said qualifying marks, will be penalized according to the A.I.U rules.

  
27/12/16

Assistant Director Sports & secretary Sports Council